

## Podcasts to Get You Started

Learning good financial habits can be overwhelming, but it doesn't have to be. We've compiled a list of podcasts to start your journey. *Podcast summaries may have been edited for length.*

### **Planet Money from NPR** 4.8 stars on Spotify (Average episode length: 15 - 30 minutes)

Summary: Wanna see a trick? Give us any topic and we can tie it back to the economy. At Planet Money, we explore the forces that shape our lives and bring you along for the ride. Don't just understand the economy – understand the world.

### **NerdWallet's Smart Money Podcast by NerdWallet Personal Finance** 4.5 Stars on Spotify (Average episode length: 15 -30 minutes)

Summary: NerdWallet's objective finance journalists answer real-world questions empowering you to make smarter decisions with your money and help your finances thrive. The Nerds are your resource to make the most of your personal finances, while cutting through the clutter and misinformation of today's economic news and advice. You'll get clarity on strategies to help you build your wealth, invest wisely, shop for financial products, and plan for major life events. By the end of each episode, you'll feel smarter and more informed to make the most of your finances. Future You will thank you.

### **NPR's Life Kit: Money** 4.9 stars on Spotify (Average episode length: 15-30 minutes)

Summary: Being in control of your money leads to great things. From dealing with debt or student loans, to how to buy a house, NPR wants to help.

## Bite-Sized Shows

### **The Money Ed with Whitman Ochiai** 5 stars on Spotify (Average episode length: under 5 minutes)

Summary: For better or worse, money is a big part of our lives. Join me as I work to make the confusing world of finance just a bit clearer for young people. As featured on WUSA TV, WTOP Radio, Teen Radio, the Kansas City Star, the Buffalo News, and the New York Times.

### **Popcorn Finance by Chris Browning** 4.9 Stars on Spotify (Average episode length: 5 – 10 minutes)

Summary: An award-winning short form podcast discussing finance in about the time it takes to make a bag of popcorn

### **DIY Money** 4.7 stars on Spotify (Average episode length: 15 -25 minutes)

Summary: Budgeting, Savings, Investing, Wealth Management for those that choose to Do It Yourself.

### **Money Girl by QuickAndDirtyTips.com** 4.7 Stars on Spotify (Average episode length: 15-30 minutes)

Summary: Laura Adams provides short and friendly personal finance, small business, real estate, and investing tips to help you live a richer life. Whether you're just starting out or are already a savvy investor, Money Girl's advice will point you in the right direction.

## Lengthy Listens

### **Money Clinic with Claer Barrett** 4.7 stars on Spotify (Average episode length: 20 – 30 minutes)

Summary: The FT's money-making expert Claer Barrett responds to real-life money questions from a range of millennial guests gearing up to battle the cost of living crisis. Every episode is packed with nuggets, tips and takeaways shared by top FT writers and financial experts. There are no short cuts to wealth, but Money Clinic promises to tell you things you didn't know about your finances and investing

### **So Money with Farnoosh Torabi** 4.7 stars on Spotify (Average episode length: 20-40 minutes)

Summary: Host Farnoosh Torabi is an award-winning financial strategist, TV host and bestselling author. With over 30 million downloads, So Money is dedicated to sharing inspiring money strategies and stories straight from today's financial leaders, bestselling authors and entrepreneurs... Advice and insights always delivered through a lens of equity, inclusivity and the changing world we live in.

### **How to Money by IHeartPodcast** 4.7 Stars on Spotify (Average episode length: 40 – 60 minutes)

Summary: Best friends Joel and Matt are the co-hosts of How to Money which is all about providing the knowledge & tools that normal folks need to thrive in areas like debt payoff, DIY investing, and crucial money tricks that will provide continuous help along your journey. We believe that access to unbiased and jargon-free personal finance guidance is more necessary than ever before. When you handle your money in a purposeful, thoughtful way that works for your lifestyle, you can really start living a rich life.

### **The Personal Finance Podcast by Andrew Giancola** 4.7 stars on Spotify (Average episode length: 40 - 60 minutes)

Summary: Andrew Giancola from Master Money reveals all of his personal finance, money, investing, business strategies, income sources, stock, and real estate investing tips so that you can build more wealth than you ever thought possible. Discover how to increase your income at your job and create multiple passive income streams that work for you, so you have the time and freedom to do what you love. You will learn how to invest to create wealth in stocks, index funds, real estate, building businesses, and side-hustles. You will learn how to save more money, get a raise, set up simple budgets, build habits, personal growth, and money hacks that will take you to the next level with your finances.

### **Afford Anything by Paula Pant | Cumulus Podcast Network** 4.8 stars on Spotify (Average episode length: 40 – 60+ minutes)

Summary: You can afford anything, but not everything. We make daily decisions about how to spend money, time, energy, focus and attention – and ultimately, our life.

On the surface, Afford Anything seems like a podcast about money and investing. But under the hood, this is a show about how to think critically, recognize our behavioral blind spots, and make smarter choices. We're into the psychology of money, and we love metacognition: thinking about how to think.